LAGREE
FITNESS

MINI 2

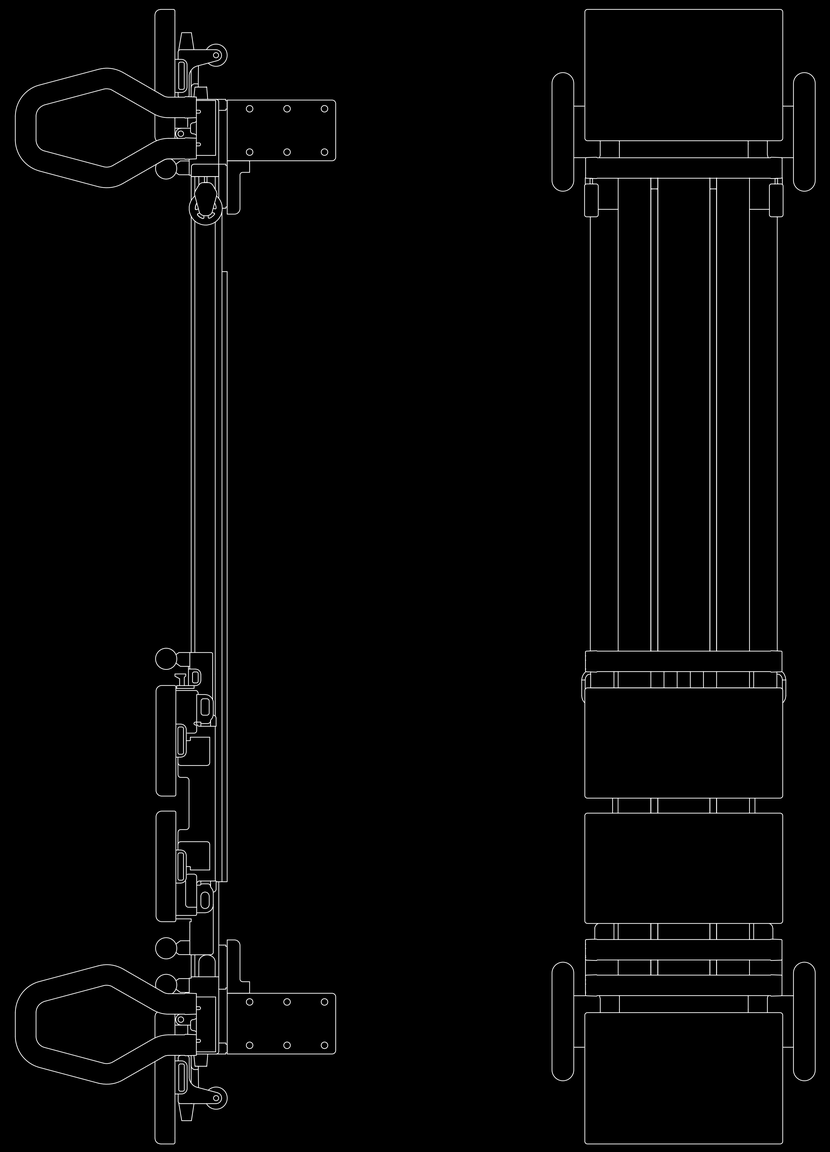
PROMO

INTRO

ENGINEERED TO DELIVER

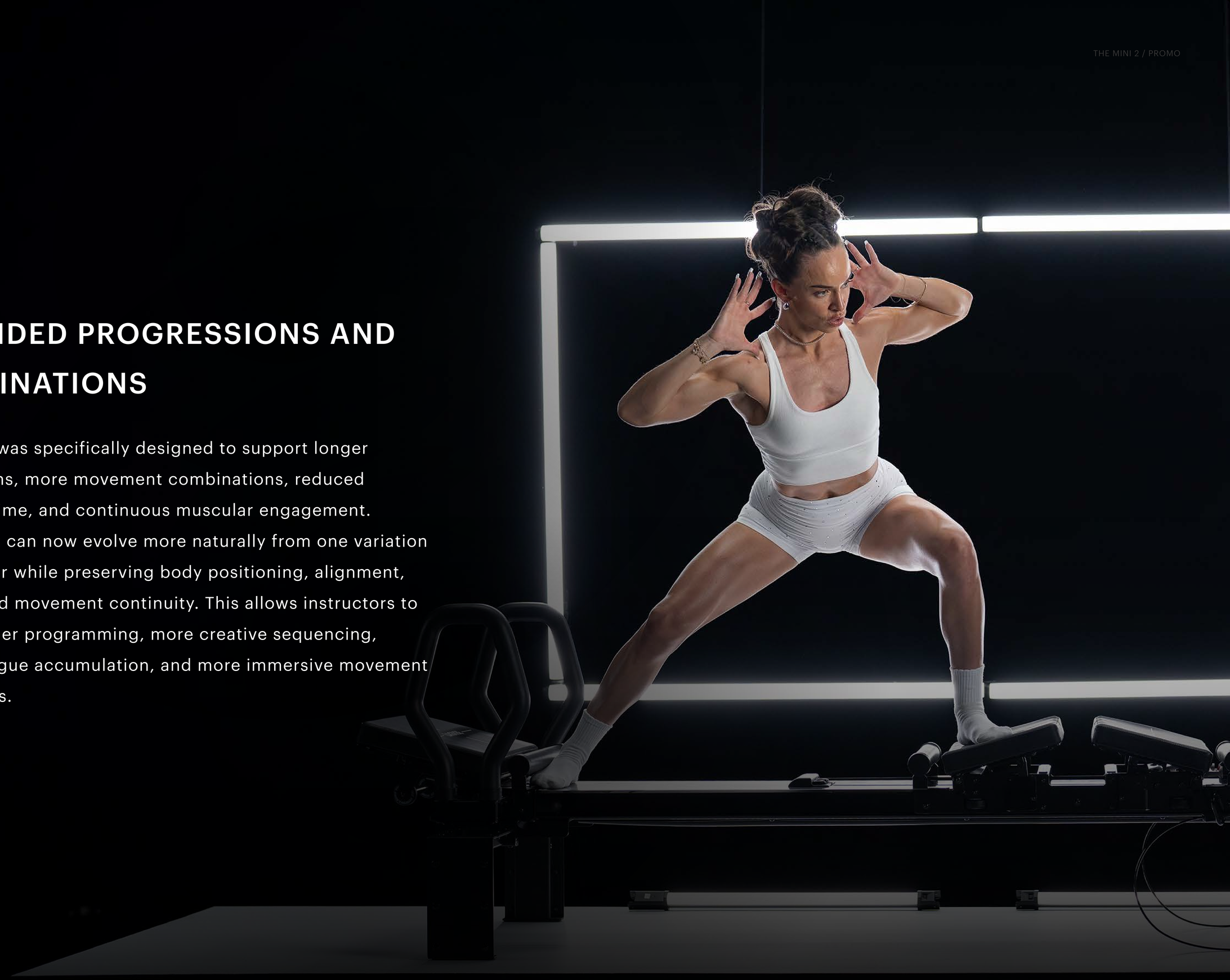
The Mini 2 was engineered to deliver more movement combinations, greater exercise variation, smoother progressions, enhanced movement flow, deeper muscular engagement, and increased movement creativity. Preserving the foundational principles of the Lagree Method: slow controlled movement, continuous tension, muscular endurance, stabilization, minimal momentum, and movement precision through control.

watch the video



EXPANDED PROGRESSIONS AND COMBINATIONS

The Mini 2 was specifically designed to support longer progressions, more movement combinations, reduced transition time, and continuous muscular engagement. Movements can now evolve more naturally from one variation into another while preserving body positioning, alignment, tension, and movement continuity. This allows instructors to create: richer programming, more creative sequencing, deeper fatigue accumulation, and more immersive movement experiences.



DIMENSIONS

THE MINI 2: NUMBERS

A clever fusion of the Micro Pro and the Mini Pro designed to create greater movement versatility, smoother transitions, and expanded progression possibilities within a compact footprint.

89.3”

LONG

18.1”

WIDE

165 lbs

WEIGHT

5

SPRINGS

FEATURES

A FUSION OF TWO PLATFORMS

The Mini 2 combines key design elements from both the Micro Pro and the Mini Pro. The result is a highly versatile machine that merges the compact efficiency of the Mini platform with the carriage functionality and movement possibilities inspired by the Micro Pro.

Shared Mini Platform. The Mini 2 sits on the same platform architecture as the Mini and the Mini Pro. This preserves familiarity, compact studio integration, movement continuity, and programming consistency while introducing new movement capabilities.

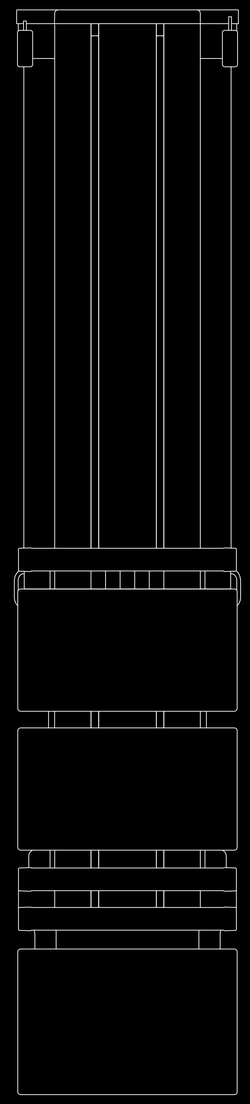
FEATURES

MINI 2 VS MICRO PRO

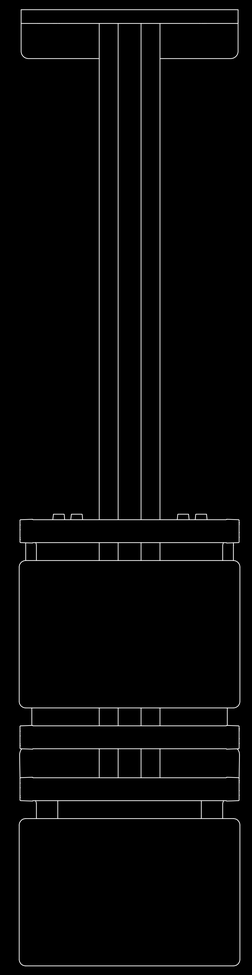
The Mini 2 features the same carriage design as the Micro Pro with the addition of an extra integrated platform. This expanded surface design creates additional movement options, smoother transitions, more progression opportunities, and enhanced exercise combinations.

The design encourages continuous movement flow, integrated sequencing, and prolonged muscular engagement, which are central principles of Lagree 2.

watch the video



THE MINI 2: BASE UNIT



THE MICRO PRO: BASE UNIT

FEATURES

15-DEGREE TILTING PANELS

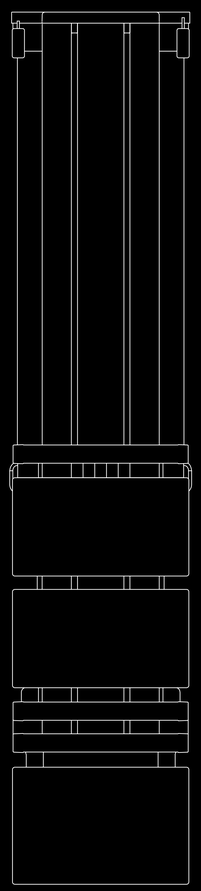
One of the defining features of the Mini 2 is its tilting panel system. Both panels tilt 15 degrees in opposite directions to work more efficiently with the end platforms. This angled configuration helps create improved ergonomics, more natural joint positioning, smoother force transfer, enhanced body alignment, and greater movement integration

The result is a machine that feels fluid, connected, and responsive throughout the movement experience.

FEATURES

MINI 2 #1

$3,490

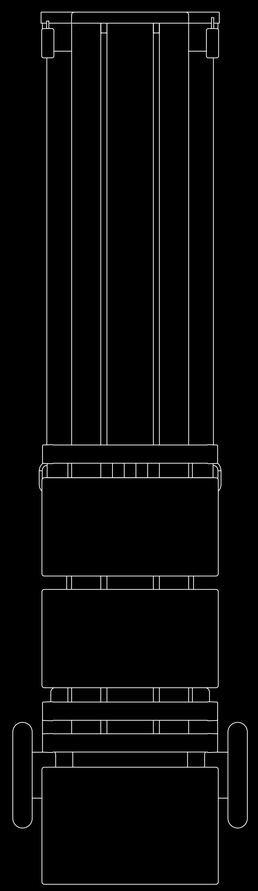


LENGTH: 89.3”, WIDTH: 18.1”

BASE UNIT
REAR PLATFORM

MINI 2 #2

$3,910



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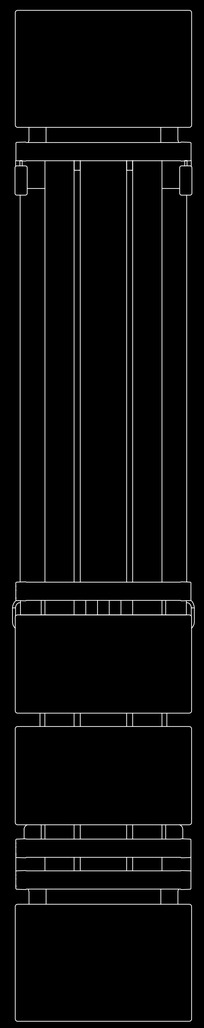
BASE UNIT
REAR PLATFORM

MINI 2 #3

$4,080



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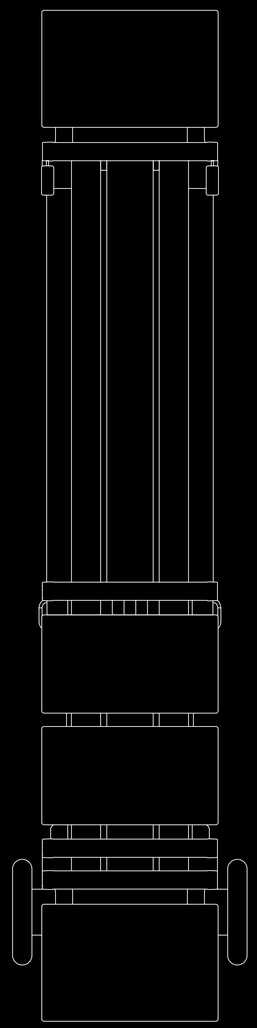
BASE UNIT
REAR PLATFORM

MINI 2 #4

$4,500



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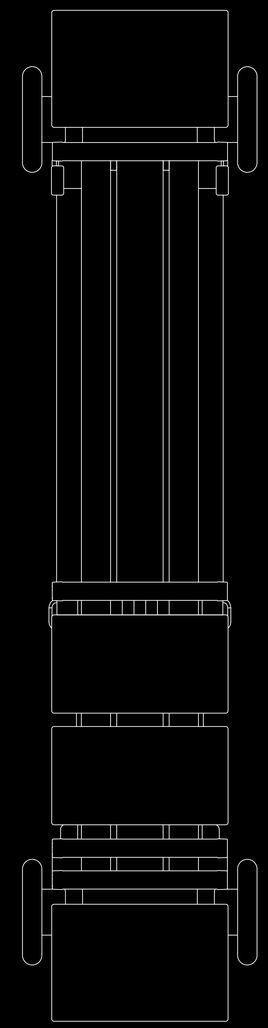
BASE UNIT
FRONT HANDLES
REAR PLATFORM

MINI 2 #5

$4,920



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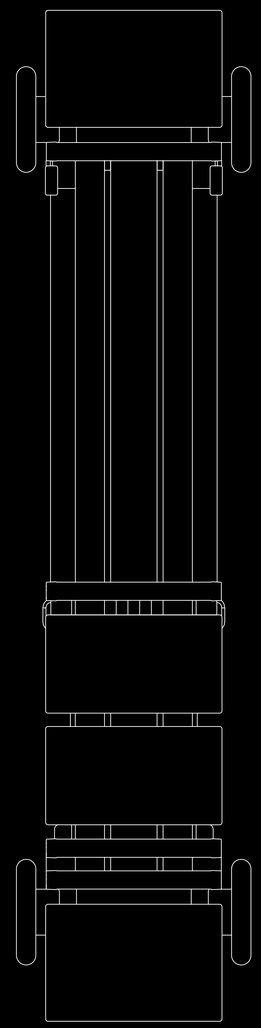
BASE UNIT
FRONT HANDLES
REAR HANDLES
REAR PLATFORM

MINI 2 #6

$5,820



LENGTH: 103.3”, WIDTH: 24.7”

BASE UNIT
FRONT HANDLES
REAR HANDLES
REAR PLATFORM
LIFT KIT

FEATURES

DESIGNED FOR LAGREE 2.0

The Mini 2 supports the principles of Lagree 2.0 BASE by emphasizing:

- Continuous movement
- Integrated sequencing
- Progressive overload through multiple variables
- Movement creativity
- Minimal interruption
- Sustained Time Under Tension

Intensity can be manipulated through tempo, range of motion, sequencing, stabilization demand, body positioning, m ovement complexity, and resistance rather than relying solely on heavier tension.

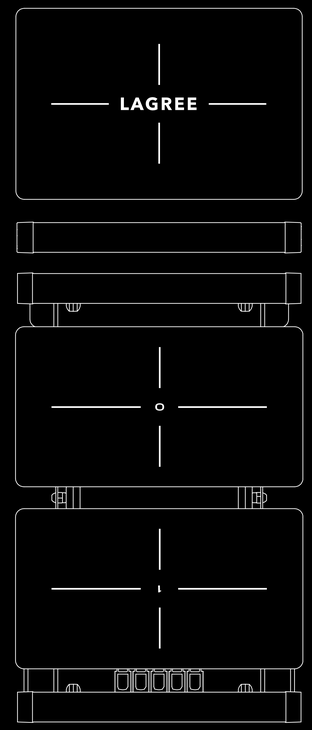
FEATURES

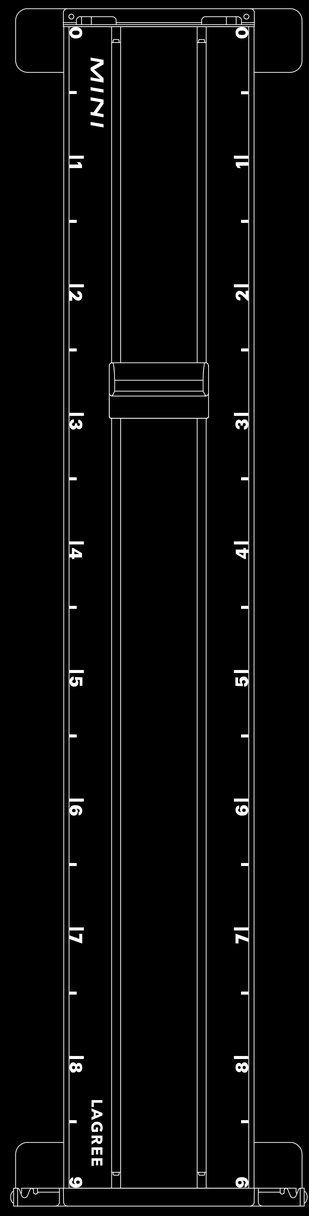
ANALOG BY DESIGN

The Mini 2 is fundamentally an analog machine. It does not come standard with electronics. However, the platform is designed to support future optional electronic upgrades such as Tempo Lights and Future movement tracking systems.

This allows studios and instructors to:

- Preserve simplicity
- Scale technology progressively
- Customize the training experience over time





FEATURES

MORE THAN COMPACT FITNESS

The Mini 2 is not simply a smaller machine. It is a highly versatile movement platform designed to:

- Maximize creativity
- Increase movement continuity
- Expand progression possibilities
- Deepen muscular engagement
- Enhance the Lagree experience
- Within a compact and efficient design.

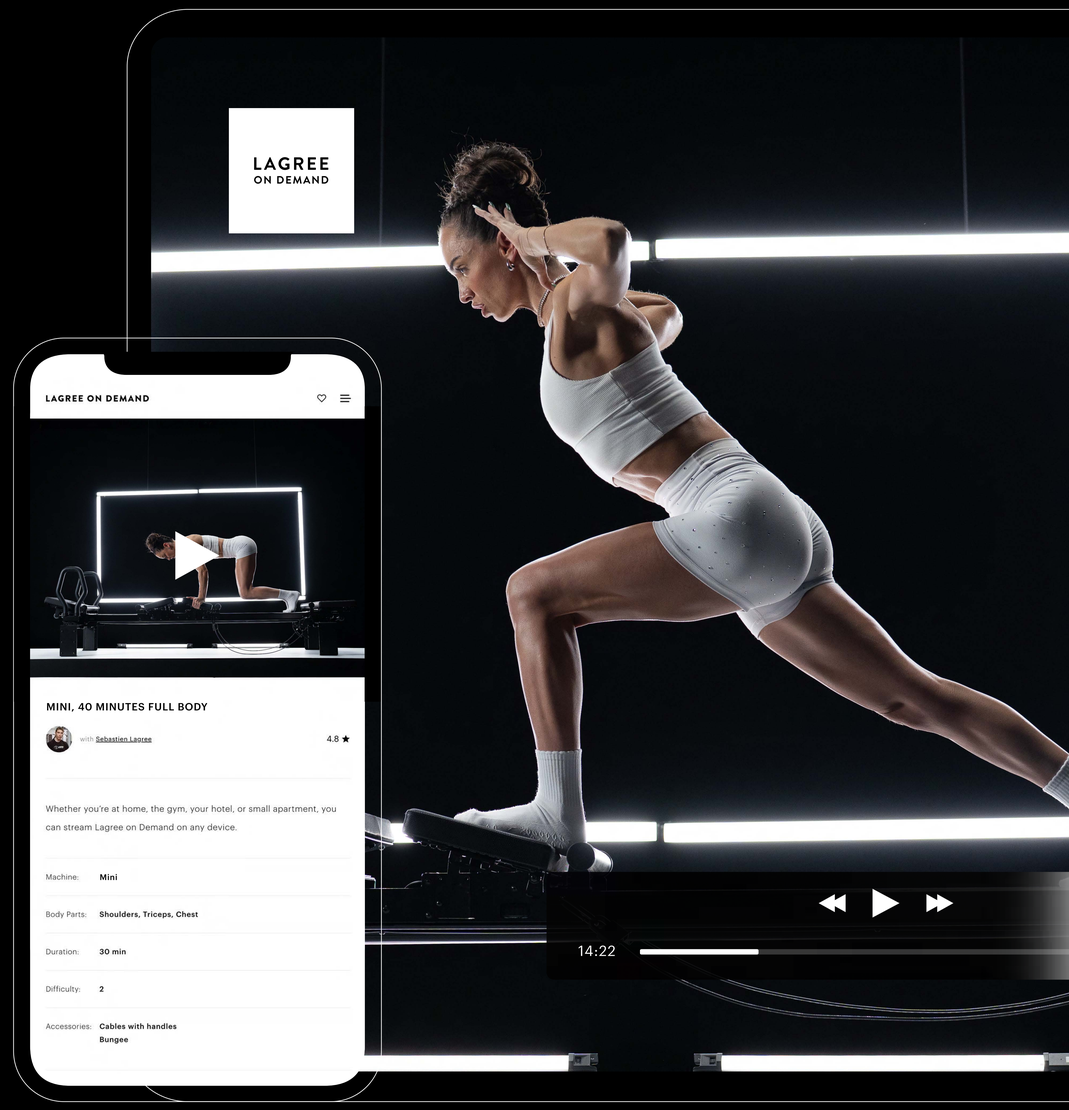
The Mini 2 represents another step forward in the evolution of Lagree movement training.

THE MINI 2 CLASSES

LAGREE ON DEMAND

1,000+ of Lagree classes and exercises right at your fingertips. Lagree's official on demand platform with Micro, Mini, Mega, and Evo classes by Lagree Fitness. Features live events, endless workouts taught by Master Lagree Trainers, and so much more. Never miss a workout or the Lagree Shakes.

subscribe



INTERESTED?

BUY THE MINI 2

The Mini 2 is the perfect option for studios that are looking to upgrade their machines without the price tag of a fleet of Megaformers. Order the Mini 2 base or build your own Mini 2 configuration!

order now

MINI 2

LAGREE FITNESS